

## TREMBLANT RESORT



DESTINATION INFO	Tremblant Resort
Location	130 km north of Montreal
Geography	In the rolling hills and mountains of the Laurentians, Quebec
The Name Behind Tremblant: Intrawest	Intrawest is a world leader in experiential destination resorts. With a network of premier resorts ranging from the tops of towering mountains to championship golf courses and pristine beaches, Intrawest resorts offer the allure and beauty of nature with the promise of experiences to last a lifetime. The Intrawest network of resorts has captured the hearts of a loyal and growing customer base.  With over eight million annual skier visits on eleven mountains, thousands of golfers on a network of championship golf courses, and thousands more visiting lakeside and ocean beaches, and offering the world's best heli-skiing and heli-hiking adventures, Intrawest is positioned among the leaders in the leisure travel industry. Founded in 1976, Intrawest began as a residential and urban real estate firm. In the mid-1980s the company developed a unique marriage of mountain resort operations and real estate expertise.  Today, Intrawest has interests in ten resorts at North America's most popular mountain destinations, including Whistler Blackcomb, a host venue for the 2010 Winter Olympic and Paralympic Games. The Intrawest network also includes Canadian Mountain Holidays, the largest heli-skiing operation in the world, Sandestin Golf and Beach Resort in Florida and Club Intrawest—a private resort club with nine locations throughout North America and in Europe. Intrawest's world-class assets have truly become premier destinations through the passion of more than 22,000 employees. The success and growth of Intrawest is the result of a combination of spectacular resort locations
	and creative and motivated people constantly striving to ensure that Intrawest resorts are the most animated and exciting playgrounds in the world.
Overview of Tremblant	During summer season, Tremblant makes sure its guests experience true "Joie de vivre" all around the restort. With its large choice of activities like the panoramic gondola, the golf, the luge, the beach, cycling or rollerblading, the whole family will be enchanted. Summer is also the season of outdoor shows and events. From June to October, the pedestrian village lives to the rhythm of Tremblant's Summer Festivals: "Rhythms of Tremblant", the "Blues Festival" and "Music in the Mountain" are some of many occasions to enjoy music of all kinds. There are many events as well so that visitors will never get bored: the "Beachfest" in July, "Tremblant beneath the Stars" in August and "Symphony of Colours" in September  Named "# 1 Ski Resort in the North American East," for ten consecutive years by the readers of Ski Magazine, Tremblant continues to be



	ranked at the head of the Quebec line-up for sports and the outdoors, in summer as well as in winter.  A visit to Mont Tremblant resort offers you an unbeatable opportunity to reconnect with the joys of winter. Mont Tremblant resort brings the pleasures of the mountain, but it is also a uniquely charming pedestrian-only village, providing an unequalled service to its guests.
Language	French and English
Information Centre	All the information you'll need to enjoy an unforgettable holiday can be
	found at Place des Voyageurs (819) 681-3000, ext.: 46643. Free
	historical tours given by the friendly team at the Information Centre.

CLIMATE	
General climate	As for Montreal, but temperatures decrease with altitude; average summer temperatures at Tremblant Resort are around 27 degrees Centigrade
Today's weather	20 degrees C and sunny (21 July 2007)
Best time to visit	Tremblant Resort is very much a four season resort

<b>GETTING THERE</b>	
Driving	From Montréal:
_	Take autoroute 15 North to Sainte-Agathe.
	After Sainte-Agathe, the 15 North merges with 117.
	Continue on the 117 North past Saint-Jovite.
	Take exit 119 (Montée Ryan) to Chemin Duplessis and follow
	indications for Tremblant Resort. 1 1/2 hours.
Visitors	2.3 million per year
Distances	Less than 130 km north of Montreal
Car Rental	Avis and Hertz give you the opportunity to pick up a car near Mont
	Tremblant for your own convenience.
Buses	Bus to Ville Mont-Tremblant is just \$1
	Route : Centre de villégiature / Tremblant Resort / Village / Saint-Jovite
	Hourly service.
	Shuttle to Parc national du Mont-Tremblant
	Fare: \$19 per person with admission included

ACCOMMODATION	Lodging: 1,900 units of all types with 13 hotels Hotel rooms, studios, condos with 1 to 5 bedrooms, mountain residences with 1 to 7 bedrooms
	If you want to truly unwind and be pampered, Tremblant's hotels and condos offer many fine touches, such as bell service and 24-hour front desk.  Whichever type of room you choose, romantic or family, they are all



designed to help you relax as soon as you walk in. Located in the heart of the pedestrian village, these units are within walking distance of all the activities and are the ideal place to enjoy everything Tremblant has to offer: bars, restaurants, shopping, entertainment and activities.

If you like to set your own pace and do whatever you want whenever you want, a stay in Tremblant's mountainside residences is for you.

If you like to set your own pace and do whatever you want whenever you want, a stay in Tremblant's mountainside residences is for you. Located near the pedestrian village, these spacious 1- to 7-bedroom units with are fully-equipped and nestled on the mountainside or along the golf courses, surrounded by nature. You'll be just a few steps away from the hiking trails and the multifunctional trail. It's the perfect choice for get-togethers with friends and family to create those special memories on the terrace, in the hot tub or by the BBQ, which are all at your disposal!

TARGET GROUPS	
Kids	Captain's harbor on Lac Miroir - Hey kids! Drive your own little boat and take a trip around the Mirror Make, located near the Parc Pirate at Mont-Tremblant resort. Aboard the motorised, miniature replicas of boats from the Mississippi (2 to 4 places), children of all ages will have a blast mastering the water! The captain awaits!
Teens	Paintball - One of the fastest growing sports in the world. The paintball centre offers more than 10 different playgrounds such as The Bus, The Sniper and The Fort, providing variety of matches and constant action. The location includes high quality equipment, restaurant, qualified staff, large reception area and showers. 3rd year of activity. Start with a briefing covering safety, game rules, and use of equipment, then head to the first playground. Playgrounds have different game scenarios and the goal of the game will be explained. All packages include all equipment; face mask, suit, precision paintball gun, unlimited co2, neck protector, gloves, ammunition belt and hat. Location: 25 minutes from Tremblant.
Romance	Massage - Slope-Side Spa Experience the ultimate in luxury and pampering in our 2 spas located right on resort. Whether you are looking for a massage treatment, body treatment or esthetic treatment or you wish a package that combines different treatments you will enjoy a personalized, professional service that will leave you feeling rejuvenated and relaxed.
Seniors	Caleche ride - This beautiful and comfortable 1 horse caleche is operated by a local farm. Two percheron horses, Lyndsay and Dan, share the work. The caleche is also available for weddings or other special events.  20 minute: A quick tour through and around the resort. Good photo opportunities.



40 minute: This caleche ride will bring you to the Parc des Chutes,
where you can visit the water falls and admire the view of Tremblant
from the opposite side of the lake.

UNIQUES	
Surprising	Tremblant Activity Centre Inc Acrobranche
Carprising	Come and play "TARZAN" in the forest canopy, 30 feet in the air. The 6
	Acrobranche courses guarantee adrenaline and emotion, all set against
	the backdrop of waterfalls and lush Quebec forests.
History of Tremblant	From the installation of the first chair-lift in 1939 until today, Mont
Resort	Tremblant resort has been able to develop its potential to become the
neson	largest and most varied skiable terrain in Eastern North America.
	Today, Tremblant is no longer just a ski resort: year round, it offers
	plenty of activities and it's always an extraordinary holiday destination.
	Mont Tremblant resort distinguishes itself not only by the first class
	resort experience that it provides, and by its accommodation, but also
	by the mixture of cultural offerings, sporting events and family activities
History of Translant	that it offers its guests.
History of Tremblant	The Laurentians were not colonized until late during the 19th century,
Area	when Father Antoine Labelle decided to populate the North with French
	Canadians in reaction to the threat of protestant expansion. He chose
	the sites based on the richness and fertility of the soil, because of its
	access to water ways and the layout of the railway line he planned to
	build. These brave settlers faced a difficult beginning, initially fighting
	poverty and surviving on meagre crops, but eventually thrived and
	benefited from the Father's generosity and vision.
	He sensed that one day tourism would be an important resource for the
	region, and worked arduously for the inauguration of the
	Montreal-Saint-Jerome railway line in 1879. This was an important
	contribution to the development of the region and eventual growth of
	tourism. In December 1892, the whistle of the locomotive was heard for
	the first time by the residents of Saint-Jovite, putting an end to the
	isolation.
	In 1938, Joseph Bondurant Ryan, a young wealthy American from
	Philadelphia who had come to the North to do some gold prospecting,
	he was taken by the beauty of the majestic "mountain of the spirits". He
	had climbed to the summit, and upon seeing the breath-taking view of
	the snow-covered landscape, Jo Ryan vowed to transform the
	wilderness at the foot of the mountain into a world-class alpine village.
	Just one year later, in February 1939, his dream was realised, when the
	Mont-Tremblant Lodge, with its architecture reminiscent of Old Quebec,
	opened.
	In 1991, as the alpine village teetered on the edge of bankruptcy, the
	biggest promoter of alpine resorts announced that it would buy the



	Mont-Tremblant Lodge and promised to pursue Jo Ryan's dreamto make Mont-Tremblant one of the best leisure destinations in the world. Ten years later, the Mont-Tremblant Lodge has been transformed at a cost of \$850 million into the magnificent pedestrian village of Tremblant. And in the next ten years, Intrawest has plans to build two more alpine villages on the North side and on the versant Soleil of the mountain.
Must Sees	Panoramic gondola Ride the panoramic gondola to the top of the highest peak in the Laurentians and discover spectacular views and a wide range of activities. Travel the many hiking trails and discover the awesome displays of nature at Tremblant. From July 6 to August 12, watch the sunset from the Summit! Top things to do at the Summit: - Hiking and interpretative nature trails - 360° observation tower   360° Photo - Mountain top sunset - Centre de randonnée shop - Birds of prey show

### **SPORTS ACTIVITIES**

Winter sports abound - extreme and otherwise, there are all kinds of activities right at your door besides the renowned ski slopes and snowparks: snowmobiling, dogsledding, cross-country skiing, tubing, skating, snowshoeing and so much more!

And in summer, the range is even greater...Here's some of the things you can enjoy at Tremblant:

**RAFTING** 

For thrill seekers or a family expedition on the Rouge River, rated one of the top ten rivers in North America for rafting.

CLIMBING

Discover the thrill of climbing in full security right on Tremblant Resort on a natural cliff or on a 30-feet high climbing tower.

CANOEING

Discover the scenery and beaches of the Mont-Tremblant region on a canoe descent of a quiet part of the Rouge River or the winding Diable River.

**FLY-FISHING** 

Discover the art of fly-fishing on the beautiful rivers and lakes.

LAKE FISHING EXCURSIONS

Guided fishing tour on Lake Tremblant with boat and equipment included.

**SPA & MASSAGES** 

Treat yourself with spa treatment of all sorts. Spend a few hours in a nature spa or get anything from a hot-stone massage to a maple body



scrub. In-room services are also available.

### PLANE AND HELICOPTER TOURS

Discover Tremblant from the sky and get to see the whole thing from above.

### OFF-ROAD LAND ROVER

2-hour driver training at the obstacle course and an off-road ride. Drive a 4x4 Land Rover up steep hills, over log bridges, along rugged backwoods trails and out of the mud.

### **ACROBRANCHE**

The five Acrobranche courses are located 30 feet in the air, all set against the backdrop of waterfalls and lush forest. An unforgettable experience even for the little ones with a course designed for them! HORSEBACK RIDING AND CATTLE ROUND-UP

You can take a hold-on-tight ride through fields, streams and forests with our experienced guides. Cowboys are also wanted for a cattle round-up experience!

### **ATV TOURS**

Ride the backcountry trails on an all terrain vehicle (ATV). Bump over rocks and through river beds, then ride to a mountain lake, swim and enjoy the views.

### Golf

Designed by renowned master architects, Le Diable and Le Géant golf courses are masterpieces and have proudly taken their place among the best in golf. They provide superior course conditions, exceptional service and breathtaking mountain majesty.

### LE DIABLE

Designed by master architects Michael Hurdzan and Dana Fry, this course is a masterpiece that offers a unique golfing experience on 7,056-yards of impeccable greens, with imposing red sand waste bunkers and long narrow fairways.

With its Golf Academy offering one of the best facilities in Canada and its unmatched personalized service, Le Diable has established itself as the best public golf course to play in Quebec (Score Golf, 2002). Now a member of the prestigious and select RAVEN family of golf courses, Le Diable will certainly exceed your expectations. Being the first golf course in Quebec, and the 7th in North America to achieve Raven status, this renowned championship course and the host of the 1999 Canadian Skins Game, Le Diable had to surpass all standards by proving to be a memorable, playable and pleasing place to golf, while also presenting a challenge to players.

Having achieved Raven status among Intrawest's most beautiful courses, Le Diable is now offering superior personalized service, more frequent Players' assistance, access to the practice facilities with supervision and tips from a CPGA pro, new generation electric carts, use of improved GPS, breakfast for tee-times before 11 a.m. and so



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	much more.
	LE GÉANT
	This golf course welcomes its players in a breathtaking setting, where keeping your eye on the ball presents quite a challenge. Harmonious
	with its natural surroundings with its plateaux sculpted right into the
	mountainside. With fast greens and rolling fairways created by architect
	Thomas McBroom, this course is the perfect blend of a challenging
	mountainous course with 2 lakes and 52 white-sand traps, and amazing
	views of the Laurentians, throughout its 6,836 yards.
	LEARN WITH THE PROS
	Tremblant Golf Academy ranks among the best in North America with
	staff of certified teaching professionals and top-notch facilities unique in
	Canada.
	- Golf shelter that can welcome 22 golfers (6 on a grass surface)
	- State-of-the-art "V1" digital video technology
	- Practice facilities: space for 65 golfers
	- High quality installations of 7 bent grass target greens and 3 sand
	traps
	- Practice green surface of 400 sq m.
	- A special time for young players
	All season long, children 15 years and under play for free after 4 PM
- Fighing	when accompanied by an adult.
Fishing	Fly fishing - Learn all about fly fishing with experienced, certified and passionate guides. From a central location in the village of
	Mont-Tremblant, you can easily access some of the best fishing rivers,
	streams and lakes in the area. These offer excellent light tackle and fly
	fishing opportunities throughout the trout, bass, pike or muskie seasons.
	- Family discovery: This activity starts with a walk along a short
	interpretative trail to our fishing ponds where you will tie a fly and learn
	how to fly fish for feisty rainbow trout. Your instructor will show you how
	to tie a fly and teach you the basic fly cast or light tackle techniques.
	- River wading excursions: Suited to more experienced anglers, their
	guides will show you the best spots along the Diable River fishing sector
	where you will be casting for brown and brook trout. Depending on the
	time of year and water levels, the Diable River offers a wide range of
	fishing opportunities using a variety of techniques from light tackle to fly
	fishing using dry flies or weighted nymphs and streamers on sink-tip
	lines.
Tennis	André Lemaire is Director of the Tennis Academy. With over 25 years of
	teaching experience, he is the only coach in Canada who brought
	athlete at a ville at Misshele dese and Delevel Ocurs. Discours is a ville
	athletes to win at Wimbledon and Roland-Garros. Discover a superb
Hilina	complex of 13 world class clay courts (6 lighted).
Hiking	·



	every turn. Join family and friends on a network of hiking trails with something for everyone. Trails are limited to pedestrians. Trail map included in the Activity Guide available at the Information Centre and ticket offices. Once at the top, you'll be able to come back down on the panoramic gondola for only \$7.
Mountain Biking	The Tremblant area is filled with interesting mountain biking trails for all levels. Bring your bike and discover, or simply rent your bike on-site. Guided mountain biking tours will allow you to discover local cross-country trails, and learn more about the local ecology in Mont Tremblant. Try the Vélo Écolo tour, a guided trip along of the Linear park, where you will visit an ecological garden and a traditional tee-pee, or the Initiation to Mountain Biking on the Domain Saint Bernard cross country trails. Schedule: Vélo-écolo tour is offered Wednesdays and Sundays at 9:00am
Luge	Alpine Luge Tremblant Once is never enough! Summer fun starts here with the ride everyone's talking about. An unforgettable outing with thrills for young and old alike. A fun-filled gravity ride on a 3-wheel-cart using a unique breaking and steering system that gives the rider complete control.

CULTURE	
Art Galleries	- Galerie Côté Créations Promenade Deslauriers (819) 421-1888 et (819) 425-3660 www.cotecreations.com Mont-Tremblant artist Yan-Éric Côté produces and exhibits his paintings on site. Production of commercial, residential and antique signs Galerie L'Envol du Huart, Loondance Gallery Promenade Deslauriers (819) 681-4884 www.loondance.ca Original Inuit sculptures, prints from Cape Dorset, "objets d'art" from Québec, and Nova Scotian folk art Galerie Soutana Rue des Remparts (819) 681-4550 soutana@cgocable.ca Exclusive collection of native North and South American art and crafts Galerie d'art Suzanne Robert Fairmont Tremblant 819 425-5300 www.art-tremblant.com Discover an impressive collection of paintings and sculptures by renowned Quebec artists.
Music	1-3 Sept 2007: <b>La Féerie Musicale Tremblant</b> An annual gathering of various musicians, including classical and jazz, for the sheer delight of music lovers. Among the thirty or so performances presented, don't miss the two major concerts on the main stage at Place St-Bernard on Saturday and Sunday night.  Sept 8 to Oct. 7 2007: Fall concerts (Saturday & Sunday)



	(Place St-Bernard and Promenade Deslauriers)
	Intimate concerts in a fall setting. These concerts are presented on
	outdoor stages and are free.
Cinema	Cinema Pine at Le Johannsen Movies schedule: (819) 429.6111
	In the Resort village, on Rue des Remparts. Two screen-theatre with
	the latest releases.
Cirque AKYA	The "biggest little circus" is at Mt. Tremblant August 3 to 19, 2007
Olique AKTA	Live in a dream with performers from Cirque Akya, presenting their
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	show everyday starting August 3rd.
	Nicoletta, director of the show and mother of the troupe, is proud to
	introduce her artists to the crowd. Husband Chocolat will make
	everything go wrong with his clown clumsiness and follies. But the show
	must go on! Flying performers, eccentric musicians, mischievous and
	talented kids will spice it up throughout the show.
	Warm and funny, Cirque Akya is just like its creators. It's unique
	entertainment combining clowns, high-level performance and music.
Festivals	The Tremblant Rhythms 2007 Festival
	- July 28-29: Hot and exhilarating, Latin American music conveys a
	range of emotions. Salsa, tango, Cuban rhythms and pop music.
	- Pop Rock August 4-5: From the Beatles to Prince, a whole weekend of
	great tunes.
	- Folk August 11-12: Return to the 60s and 70s, from Neil Young to
	Simon & Garfunkel.
	- World Beat August 18-19: A world tour of exciting and multi-faceted
	musical discoveries from around the globe.
	- R & B August 25-26: Motown, the famous record label, gave us so
	many unforgettable hits by great performers. Relive an era of music
	made to sing and dance along to!

ATTRACTIONS	
Beaches	Discover the golden sands of the Beach and Tennis Club and all its outdoor activities. Located just next to the award-winning pedestrian village, it offers incredible views of the glorious mountain and the always beautiful Lake Tremblant
Nature	Nature Under the Stars - Monday, Tuesday & Wednesday evenings, attend lectures by a park ranger from the Parc national du Mont-Tremblant. Using videos, he will introduce you to various topics related to the park's flora and fauna.
	Birds of prey Free Flight Show: "Evolution: From Dinsosaurs to Raptors!" Life has been evolving for hundreds of millions of years since the formation of the Earth. From dinosaurs to recent species, the process of evolution has created the most skilled and specialised of predators: the



# birds of prey. Learn all about these spectacular birds and marvel at their agility as they brush right past you and fly right above your head! Come and see North America's smallest raptor: the Kestrel. Observe a Bald Eagle soaring in the sky of the Laurentians. Watch as the stunning Harris Hawk spreads its wings right beside you. Get a glimpse at a majestic nocturnal hunter, the Great-horned Owl. And discover a charming scavenger of the desert...the Black Vulture

### Tremblant National Park

145 km from Montreal, a vast universe of lakes and rivers set against a mountain backdrop, this park offers you freedom and the chance to get away from it all. Parc national du Mont-Tremblant provides a rich mixture of Québec's natural and historical heritages. It is the biggest park in the network and the first national park to have been created in Québec. It features a variety of activities and discoveries that are sure to please. By canoe or on foot, skis or snowshoes, you will be surprised by the immensity of the territory. Offering nature at its best, Parc national du Mont-Tremblant is open year round and is bound to make an unforgettable impression on you.

- Enchanted Forests: Let yourself be captivated by the charm of the forest landscapes where nature has retained all its rights. With its 1,510 km² of territory and 163 km of hiking trails, Parc national du Mont-Tremblant is the largest park in Québec.
- A Realm of Lakes and Rivers: Four hundred lakes, some small and intimate, others vast and windswept, six rivers dotted with waterfalls and cascades, and a multitude of streams, help to create a magnificent natural realm.
- Rivière L'Assomption: With a varied course that combines calm sections and rapids ranging in difficulty from Level I to IV, Rivière L'Assomption, which runs for 15 km through the park, is considered one of Québec's best teaching rivers. Three campgrounds are available for canoeing enthusiasts.
- The Meandering Diable: The spectacular character of the course is attributable to the peaceful bends and backwaters that the river has traced along the rocky face of Mont de la Vache Noire. Duration: the outing lasts 3 to 4 hours, including transportation. A canoe and passenger transportation service is available.
- Birds and Other Wildlife Wonders: Birdwatchers will be right at home in the park: to date, 196 species of birds have been surveyed. In addition, the park is home to a highly diverse wildlife population. Bears, hares, wolves and beavers invite you to discover their environment.
- The Totem Poles at Place Centenaire: Three professional sculptors from the region, have each created an immense totem pole made out of white pine. Totem poles, which are an ancient means of communication, convey different messages that are accessible to everyone. Each totem pole represents a different facet of the park,



whether it be its economic history, its recreational-tourism vocation or its flora and fauna.

- Camping, Experiencing Nature the Way It Was Meant to Be: Whether you are looking for the comfort of a full-service campground or the charm of more rustic sites, a camping stay in the park will allow you to experience nature.

- Breathtaking Waterfalls: Spend a few minutes, or a couple hours for that matter, at the Chute Croches, Chute du Diable and Chute Aux Rats waterfalls. They contribute to the great splendour of the land and soundscapes.

OTHER ACTIVITIES	
Shopping	Shoppers will find that they are in the right place, with more than 40 merchants to choose from in the pedestrian-only village. There's a range of shops from sports stores to ready-to-wear by way of a pastry shop or even a movie theatre!
Nightlife	When night falls and the lights come on, the pedestrians-only village of Tremblant takes on a magic glow. In Old Tremblant or Place Saint-Bernard, it is now time to sit down to delicious dining specialties. Moving from splendid French cuisine to a succulent Savoie-style fondue or a homemade crepe is easy. And finally, the young of heart and spirit will extend the evening to enjoy Tremblant's legendary nightlife well into the wee hours, dancing to the sounds of a DJ or listening to their friends sing Karaoke.
	- Bar Café d'Époque Vieux-Tremblant (819) 681-4554 www.barcafedepoque.com Tremblant's best party bar offers you happy hour and DJ entertainment every day of the week. Come dance and cut loose! Open from 3 p.m. until 3 a.m. - Le P'tit Caribou
	Vieux-Tremblant (819) 681-4500 www.ptitcaribou.com Voted the "Best Bar in Eastern Canada" by Ski Canada Magazine. Come enjoy our lounge Octobar Rock
	Chalet des Voyageurs (819) 681-3000 ext 46512 Rock bar Le Shack
	Le Saint-Bernard (819) 681-4700 www.leshack.com Sports bar (big screen TV) and casual family dining. Spacious terrace located on Place Saint-Bernard. Breakfast available during the peak season.



CUISINE	
Food	Superb food from light snacks to gastronomical feasts!
Food	Vieux Tremblant, Place St-Bernard, Le Manitou, wherever you are at
	Tremblant, you'll have as much fun sampling Italian specialties as you
	will carving up perfectly groomed runs. Enjoy fine French cuisine one
	day and a spicy fajita the next. It's as easy as slaloming. Savour a rich
	fondue, treat yourself to a queue de castor (Beavertail snack) or recall
	your childhood with a candy apple or a handful of homemade sweets
Restaurants	There are 38 restaurants in Tremblant Resort!
	- Au Grain de Café
	Promenade Deslauriers (819) 681-4567
	Opens at 7:30 a.m. Specialty coffees. Coffee beans. Continental
	breakfast, soups, sandwiches, Viennese pastries. Draft beer, spirits,
	wine and port. Internet access, printer.
	- Brûlerie Saint-Denis
	Place des Voyageurs (819) 681-CAFÉ (2233)
	International coffee flavours, waffles and continental breakfast, healthy
	meals and desserts. Coffee beans available. Draft beer, sangria and
	wine.
	- Café Johannsen
	Base Télécabine (819) 681-5551
	Specialty coffees, baked goods and sandwiches. Express counter.
	Internet access.
	- Coco Pazzo
	Promenade Deslauriers (819) 681-4774
	Take-out counter with superb Italian and vegetarian cuisine. Also visit
	the restaurant. www.coco-pazzo.ca
	- Fluide Juice Bar
	Rue des Remparts (819) 681-4681
	Freshly squeezed fruit and vegetable juices as well as natural tonics.
	Natural foods grocery.
	- Grand Manitou
	Sommet Tremblant Summit (819) 681-3000 # 36393
	Cafeteria located at the top of the mountain.
	- La Chouquetterie
	Rue des Remparts (819) 681-4509
	Old-fashioned bakery and pastry shop. Coffee. Fine chocolates and
	other treats.
	- Le Chalet du Smoked Meat
	Place des Voyageurs (819) 681-4664
	Poutine, smoked meat, roasted chicken, French fries, breakfast (eggs
	and bacon).Take-out orders.
	- L'Oasis
	Beach and Tennis Club



Lac Tremblant Lake (819) 681-5253

Burgers, hot dogs, sandwiches, salads, ice cream.

- Oberoi Escale Gourmande Express

Place Saint-Bernard (819) 681-4555

Delicatessen, cheeses, assorted cold cuts, sandwiches, salads, ready-to-serve dishes, catering service, gourmet gift baskets, delivery.

- Pita Express

Place des Voyageurs (819) 681-4949

Lebanese cuisine: pita sandwiches, soups, salads and beverages.

Counter service.

- Ya'ooo Pizza Bar

Vieux-Tremblant (819) 681-4616

http://www.lesmustdetremblant.com/

Pizza by the slice and salads. Take-out orders. Open until 3 a.m.

- Wigwam

Fairmont Tremblant (819) 681-7000 # 7805

Quick and tasty cuisine. Specialty coffees and Viennese pastries. Continental breakfast, soups, salads, sandwiches and desserts. Open as of 7 a.m. Counter service.

### Sweet Shops

- Sugar Shack

Place des Voyageurs (819) 681-4995

www.cabaneasucretremblant.com

Maple products, maple taffy on snow, soft maple-butter ice cream, as well as honey and homemade jams.

- Chocolate Factory

Place Saint-Bernard (819) 681-4545

Chocolate, fudge, ice cream and crunchy toffee.

- Crème de la Crème

Vieux-Tremblant (819) 681-4540

Old-fashioned cookie shop, homemade pies, muffins and dairy bar.

- Candy Shop

Place des Voyageurs (819) 425-5729

www.placebonbon.com

Pick-and-mix your favourite gummy, liquorice, sour, pressed and chocolate-covered candies; enjoy fun candy toys, lollipops and gums; taste yummy chocolates, truffles, fudge and fresh cotton candy.

- Beaver Tails

Rue des Remparts (819) 681-4678

Whole-wheat pastries with your choice of toppings.

### Continental

- Le Shack



Le Saint-Bernard

(819) 681-4700

www.leshack.com

Sports bar (big screen TV) and casual family dining. Spacious terrace located on Place Saint-Bernard. Breakfast available during the peak season.

- Crêperie Bretonne
- Crêperie Catherine

Vieux-Tremblant

(819) 681-4888

Menu of "crêpes bretonnes" with assorted fillings.

#### French

- Aux Truffes

Promenade Deslauriers (819) 681-4544

www.auxtruffes.com

Innovative fine cuisine. Specialties: truffles, foie gras and game. "À la carte" gastronomic tastings.

La Grappe à Vin

Vieux-Tremblant (819) 681-4727

Creative French cuisine. Specialty: regional products and gastronomic dishes with an international flavour. Excellent selection of wines, ports, scotches and other spirits.

- La Savoie

Vieux-Tremblant (819) 681-4573

Enjoy a truly authentic Savoyard experience and savour our fondues, raclettes and pierrades.

- Plus Minus Café

Vieux-Tremblant (819) 681-4994

www.plusminuscafe.com

In Tremblant oldest's chalet, a unique gastronomie experience, an exotic adventure. Fine avant-garde cuisine showcasing organic products.

### Grills

- Bullseye Bar & Steak House

Place Saint-Bernard (819) 681-2855

Steak, fresh fish, seafood and other grilled dishes. Group menu, private dining room.

www.bullseyetremblant.com

- Resto-bar Casey's

Vieux-Tremblant (819) 681-4601

The place to dine: ribs, steaks, fajitas, roasted chicken and salads. A large terrace for unwinding and a lively bar for a good time.



- La Forge Bar & Grill

Place Saint-Bernard (819) 681-4900

www.laforgetremblant.com

Best located terraces on Place Saint-Bernard. First floor, family cuisine during the day and animated bistro at night. Second floor, specialty meats cooked over maple wood. Recipient of the "Carte d'or" award for its wine list.

### International

- Yamada

Promenade Deslauriers 819 681-4141

Internationally inspired Japanese cuisine served in a fantasy decor. Enjoyable atmosphere appeals to appetites of all ages. Sushis plus colourful dishes with uncommon flavours from the sensational filet mignon on a hot stone, to sashimi pizza, and delights from the sea.

- Fat Mardi's

Place St-Bernard 819-681-2439

New-Orleans-style resto-bar. Chicken, steaks, sandwiches, burgers, great appetizer selection, kids menu, hurricanes and more! Live music every Tuesday, Friday and Saturday.

- Les Artistes

Rue des Remparts (819) 681-4606

www.restaurantlesartistes.com

Tremblant's Parisian bistro. Simple or gourmet. Regional specialties and delicious desserts. Selection of fine wines. Table d'hôte and children's menu.

- Windigo

Fairmont Tremblant 819-681-7685

Sumptuous theme buffets and "à la carte" menu. Gastronomic "tâble d'hôte" showcasing market-fresh products.

### Italian

- Coco Pazzo

Promenade Deslauriers (819) 681-4774

Original fine Italian cuisine.

Please, visit also our restaurant. http://www.coco-pazzo.ca/

- Pizzatéria

Rue des Remparts (819) 681-4522

http://www.lesmustdetremblant.com/

Pizzas, calzones, salads and pasta.

- Spag & Co.

Place des Voyageurs (819) 681-4444 www.lesmustdetremblant.com A unique spot where family & friends come together to enjoy pasta and



wine, service and atmosphere, freshness and flavour! Bellissimo!
Resto-Pub - Microbrasserie La Diable Vieux-Tremblant (819) 681-4546 Original beers brewed on site, tasty European sausages and other dishes on our complete menu.
Regional - Loup-Garou Fairmont Tremblant (819) 681-7685 Daring Quebec cuisine, warm fireside atmosphere and attentive service. "À la carte" menu. Open for groups only (12-50 pers.).
Lounge - Lounge du Westin Le Westin Resort & Spa 819 681-4144 A modern bar in the hotel lobby's relaxed atmosphere. Giant television screen, wines by the glass, contemporary cocktails and a small menu of tasty delicacies.

MORE INFO	
Brochures	PHONE: 1-866-783-5630
Website	www.tremblant.ca
HOTEL PRIZE	A trip for two to Tremblant Resort, including two nights' in 4 star
PARTNER	accommodations, and Activity Cards to enjoy a whole range of activities
	on your vacation break.
CURRENT DEALS	Save 20% on Tremblant accommodation when you book 21 days or
	more in advance. Plus, you'll get to choose from a vast selection of
	units. Book your next Tremblant summer vacation and enjoy these free
	activities during your stay:
	- Unlimited access to the beach of the Beach and Tennis Club*

- Unlimited access to the panoramic gondola\*